

Name

Conflict Resolution Web Quest

http://www.bam.gov/sub_yourlife/yourlife_conflict.html

- Go to the BAM! Web site.
- Read through the page, then click on “Iron Out Your Issues” at the bottom.
- Read through the seven steps to getting along, taking notes as you go.
- When you are done, answer the questions below.

1. When is conflict not a conflict?

2. What are three ways to keep your anger from boiling over?

3. What is the tone of a talk?

4. Why should everyone involved in a conflict tell his/her side of the story?

5. What are three reasons to ask for help from another person when you are involved in a conflict?

http://kidshealth.org/teen/your_mind/emotions/deal_with_anger.html#

1. What are two tools to help you deal with anger?
2. What are some other emotions that might be beneath a person's anger?
3. What are the five steps to managing anger?
4. What are three ways to properly deal with anger?
5. List 3 instances where a person should ask for help from others to help deal with anger.